

Abridged version

5th Tsuzuki Ward  
Community Welfare and Health Plan

# Tsuzuki-Ai

(Tsuzuki Community)

FY 2026 to FY 2030



Tsuzuki Ward  
Mascot Character  
「Tsuzuki Ai」



Tsuzuki Ward Community Welfare  
and Health Plan character  
「Tsuzu-chan」

## What This Plan Aims to Achieve

Our community is home to people with diverse backgrounds, perspectives, and lifestyles. Even when everyday life seems peaceful, some individuals may be facing challenges or feeling isolated.

These issues cannot be solved by any one person or organization alone.

The Community Welfare and Health Plan provides a shared vision that brings everyone together to address these issues challenges and create a community where all residents can live safely and with peace of mind.

In Tsuzuki Ward, this plan is given the nickname 「Tsuzuki-Ai」 to make it feel more familiar to residents.

Let's take a look  
at the plan!



Tsuzuki Ward Social  
Welfare Council  
Mascot character 「Yuipi」

# I The Tsuzuki Wa

Kind words help everyone.



It's easier together.



I just moved in.

I'm here if you need me.



This is really nice!

I'm glad I can do what I love.



I haven't seen them lately... I'm worried.



It's comforting to have someone here.



Meals taste better together.



# ard We Aim for

This illustration shows the future of Tsuzuki Ward as envisioned in the Community Welfare and Health Plan, 「Tsuzuki-Ai」.

It was created based on ideas from children, feedback from residents, and other community input. Do you see something that reflects your own daily life?



Need a hand?

Time alone is important.

Thanks. I try to do it myself.

Let me carry that.

Farming brings people together.

It's nice just to have someone to talk to.

 Help Mark - A symbol used to indicate that a person may need assistance or consideration.

# 1 Characteristics of Tsuzuki Ward

Tsuzuki Ward offers numerous attractions for living, working, visiting, and social interaction. Currently (as of January 1, 2025), the average age in the ward is the third youngest in the city, but it is expected to rapidly increase, meaning it will become more important to promote health to all generations and build relationships through community and social participation.

**1 Population**

The current population is about 214,000.

7th among the 18 wards  
(as of December 1, 2025)

The population is expected to decrease, and the rate of aging is expected to exceed the Yokohama average in 2035.



**2 Households**

Households are larger.

1st among the 18 wards  
(as of December 1, 2025)

The number of households with only spouses is expected to increase.



**3 Relocation**

More people than the Yokohama average are moving into the ward in age groups 0 to 14 and 30 and over.

(as of 2024)



**4 Health**

The average lifespan and period of independence (\*) are long.



\* Average length of time people can be involved in daily activities without the need for care.

**6 Economic activities**

Plentiful farming, industry, and trade.

-  1st among the 18 wards for the number of farming households (as of February 1, 2020)
-  2nd among the 18 wards for the number of manufacturing locations
-  4th among the 18 wards for the number of stores (as of June 1, 2021)

**9 Multicultural diversity**

We have residents from 86 countries.

(as of November 30, 2025)



## 2 About the plan

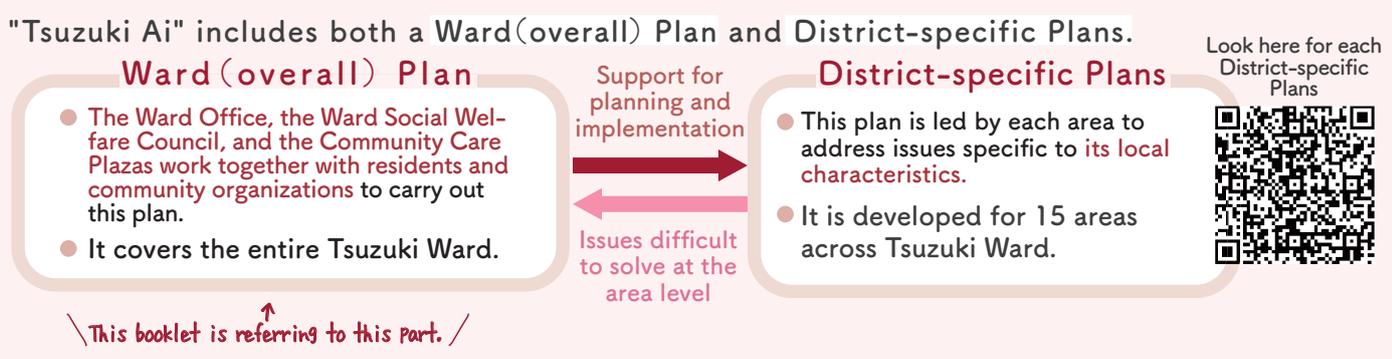
So it's a plan for everyone here—people who live here, study here, and take part in community activities.

Who does the plan apply to?

This plan is for everyone connected to life in Tsuzuki Ward. Each of us plays a role, contributing in ways we can, as we move forward together.



What type of plans are there ?



Duration of the plan

It covers the five years from FY2026 to FY2030.



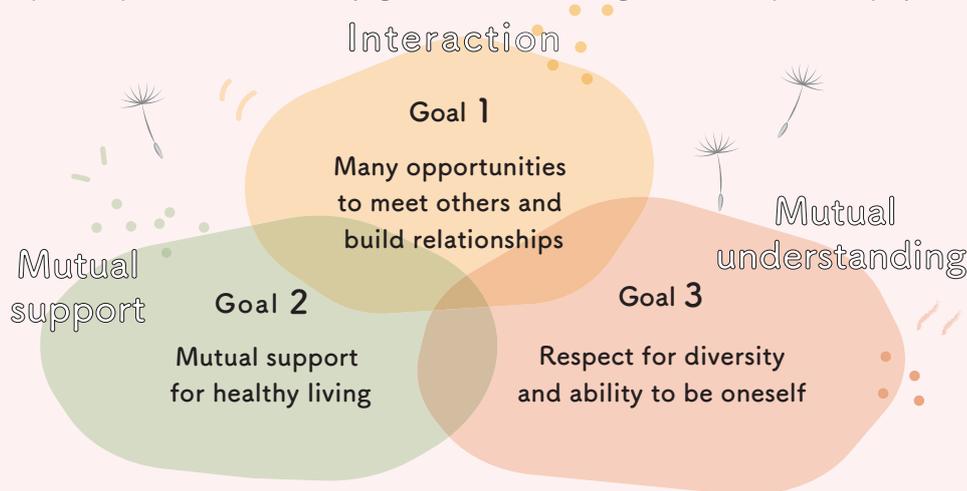
# 3 Plan basic philosophy and goals of the 5th plan

## Basic philosophy

To achieve a Tsuzuki-Ai (Tsuzuki Community) where everyone can live healthily in comfort.

## Goals

We have compiled specific community goals for achieving the basic philosophy.



# 4 Main points of the 5th plan

## Create an environment that gets many people interested in community activities and allows for easy participation

- Residents have said that it is difficult to participate in community activities because they do not have the opportunity, so we will improve our ability to coordinate for interested participants and activity groups.
- The number of participants is too low or the costs are too high. We will consider ways to ensure activities can continue, either through the involvement of different people and groups or going digital.

## Community development that leaves no one behind

- We will provide more information on health and welfare, and improve watch efforts so that individuals who have difficulty coming forward with their problems can be found and given support.
- We will create and maintain a place of belonging for each person to prevent isolation and find meaning in life.

## Respect for diversity

- Discrimination and stereotypes can make people experience hardships. We will work on creating an environment where everyone is respected and can be themselves.
- We will create opportunities for mutual understanding, free of barriers arising from status or background, maintain places for diverse people to interact, and foster a mindset of mutual support.

## Cooperating with a variety of people and organization

- Large commercial facilities, schools, NPOs, local businesses, etc., will be able to use Tsuzuki's many strengths to broaden the foundation of health and welfare activities.



# 5 Goals and specific promotion activities

## Goal 1 Interaction

Many opportunities to meet others and build relationships



### Background and challenges

- Due to a fixed or decreasing number of active people in the community, costs have increased, and it has become more difficult to continue activities.
- Some have said that, due to diversifying values and relationships, the bonds among people in the community are weakening.
- Some problems cannot be solved alone or with one's family. In the case of disasters and other emergencies, or even in daily life, it is important to help and support one another.

## Initiatives

- ① Create opportunities so that many people can easily participate.
- ② Create places for groups and residents active in the community to interact with each other.
- ③ Support groups promoting mutual support activities in the community.
- ④ Focus on coordination so that many people and groups can build a relationship with the community.
- ⑤ Promote cooperation among corporations, stores, and businesses that support community activities.
- ⑥ Devise ways to share information with many people.

What could you do ?

### \ Initiatives spreading in the community /



Inclusive Music Concert

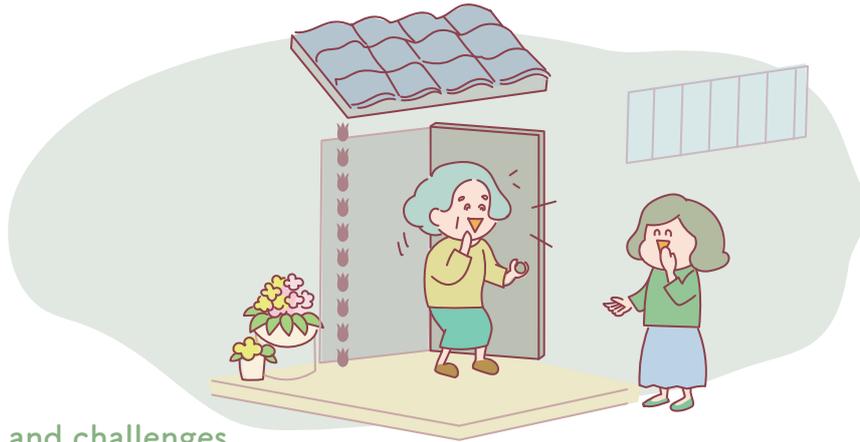


Multigenerational Bread Making



Your initiative can make our community even better

## Mutual support for healthy living



### Background and challenges

- If people do not feel like they or their family are struggling or realize that there are places to get help, then they will not talk to anyone, which could cause problems to worsen or become more complicated.
- Even if others become aware of the issues, they may keep quiet because they think that they cannot do anything alone.
- A person can work on their own to improve their health and prevent the need for care, but creating relationships is beneficial for physical and mental health. By getting involved in community activities, it is possible to create personal relationships, be at ease, and find value in life.

## Initiatives

- ① Spread the importance of mutual support.
- ② Promote the creation of a place of belonging in the community.
- ③ Ensure groups adequately understand each other's roles and functions in order to provide guidance to suitable consultation resources.
- ④ Continue to provide information on community consultation resources such as community care plazas.
- ⑤ Be involved in promoting health improvements and preventing the need for care in the community.
- ⑥ Share information on health and welfare with the community while valuing the awareness of residents and working with the community to solve challenges.
- ⑦ Use networks for specific fields and themes to cooperate with other organizations to solve challenges.

What could you do?

### \ Initiatives spreading in the community /



Local Health Consultation



Volunteers Serving Breakfast to Children

A simple word  
from you can make  
a difference.



## Respect for diversity and ability to be oneself



### Background and challenges

- In order for people to be able to be themselves, it is necessary to acknowledge each other's priorities and values and strengthen the idea that we can respect one another.
- Stereotypes and discrimination against people with a specific status or background can create hardship and make it difficult for them to have an ordinary life.

## Initiatives

- ① Create a place for interaction among various people that transcends status and background.
- ② Hold workshops and training to share the idea that everyone is different.
- ③ Help people lead a life according to their own will.
- ④ Create places for people to do what they want and be themselves.

What could you do ?

### \ Initiatives spreading in the community /



Welfare Education



Art Exhibition by People with Disabilities and Seniors



Just bring who you are

### Inquiries

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Check here for details of the plan

