

Tsuzuki-Ai

(Tsuzuki Community)

Draft

／ Provide your opinions to make life in Tsuzuki easier ／

Request for opinions from residents

Opinion request period

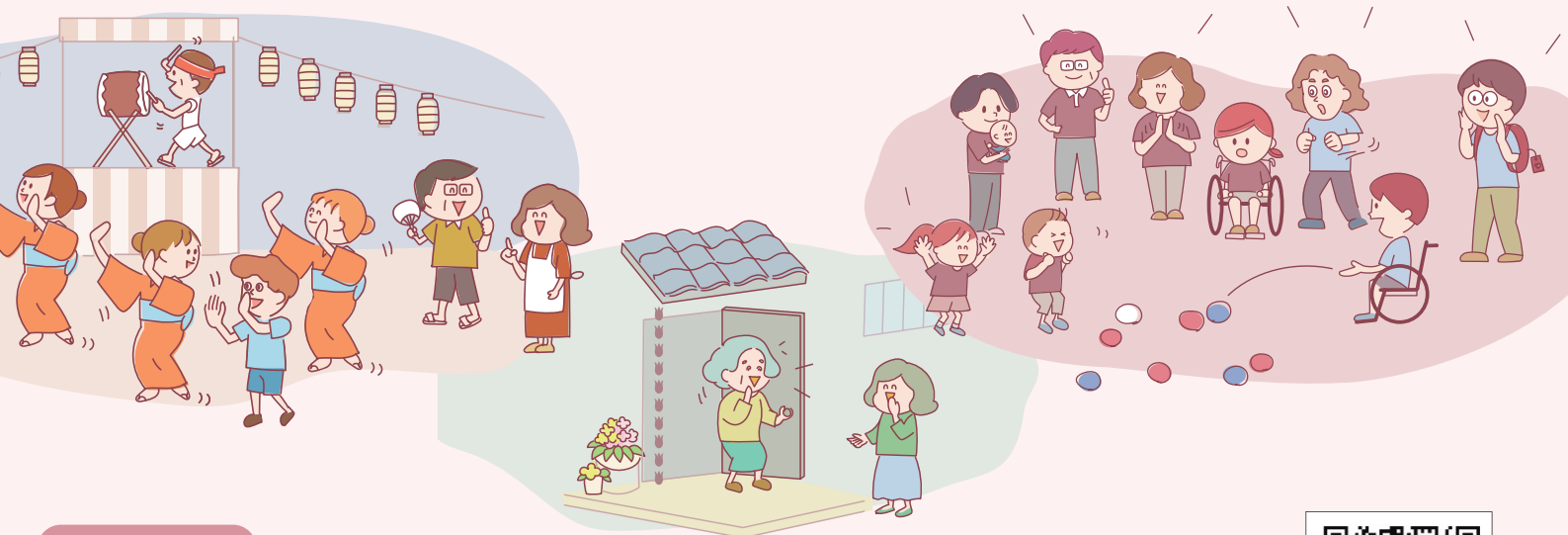
October 1 (Wed.) - October 31 (Fri.) 2025

Parts of the draft that
caught your attention
(parts you were interested
in or found difficult to
understand)

Things you can do
in your community
or want to try

Ideas for initiatives
in your community

Please share your opinions.



Plan period

FY 2026 to FY 2030

This pamphlet includes the draft,
which is also available in simple Japanese.



1 Characteristics of Tsuzuki Ward

Tsuzuki Ward offers numerous attractions for living, working, visiting, and social interaction. Currently (as of January 1, 2025), the average age in the ward is the third youngest in the city, but it is expected to rapidly increase, meaning it will become more important to promote health to all generations and build relationships through community and social participation.

① Population

The current population is about 214,000.

7th among the 18 wards
(as of January 1, 2025)

The population is expected to decrease, and the rate of aging is expected to exceed the Yokohama average in 2035.



② Households

Households are larger.

1st among the 18 wards

(as of January 1, 2025)

The number of households with only spouses is expected to increase



③ Relocation

More people than the Yokohama average are moving into the ward in age groups 0 to 14 and 30 and over.

(as of 2024)



④ Health

The average lifespan and period of independence (*) are long.



* Average length of time people can be involved in daily activities without the need for care.

⑥ Economic activities

Plentiful farming, industry, and trade.



1st among the 18 wards for the number of farming households (as of February 1, 2020)



2nd among the 18 wards for the number of manufacturing locations



4th among the 18 wards for the number of stores (as of June 1, 2021)

⑨ Multicultural diversity

We have residents from 84 countries.

(as of April 30, 2025)



2 About the plan

What is the Tsuzuki Ward Community Welfare and Health Plan, Tsuzuki-Ai (Tsuzuki Community)?

It is a plan jointly developed and promoted by residents, businesses, and public bodies (ward offices, ward social welfare councils, community care plazas, etc.) to solve community problems and build the community so that residents can be healthy, be themselves, and have peace of mind. It is informally called “Tsuzuki-Ai (Tsuzuki Community)” in order to establish familiarity with residents.

It comprises a ward plan and neighborhood plans.

Who does the plan apply to?

It applies to all people living in Tsuzuki Ward.

Why is the plan necessary?

There are people who have concerns but do not have anyone to talk to and feel isolated. It provides more chances to meet others in the community and build relationships. Mutual support that does not distinguish between providers and receivers and mutual understanding from diverse viewpoints leads to a better daily life for everyone.

In order for residents to want to keep living in Tsuzuki Ward, it is important to consider what we can do and make a plan to take concrete actions.



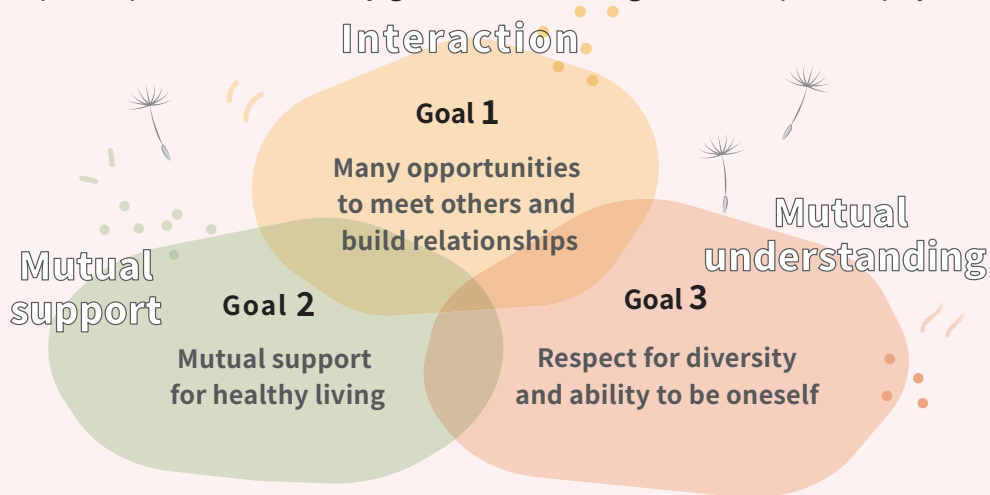
3 Plan basic philosophy and goals of the 5th plan

Basic philosophy

To achieve a Tsuzuki-Ai (Tsuzuki Community) where everyone can live healthily in comfort.

Goals

We have compiled specific community goals for achieving the basic philosophy.



4 Main points of the 5th plan

Create an environment that gets many people interested in community activities and allows for easy participation

- Residents have said that it is difficult to participate in community activities because they do not have the opportunity, so we will improve our ability to coordinate for interested participants and activity groups.
- The number of participants is too low or the costs are too high. We will consider ways to ensure activities can continue, either through the involvement of different people and groups or going digital.

Community development that leaves no one behind

- We will provide more information on health and welfare, and improve watch efforts so that individuals who have difficulty coming forward with their problems can be found and given support.
- We will create and maintain a place of belonging for each person to prevent isolation and find meaning in life.

Respect for diversity

- Discrimination and stereotypes can make people experience hardships. We will work on creating an environment where everyone is respected and can be themselves.
- We will create opportunities for mutual understanding, free of barriers arising from status or background, maintain places for diverse people to interact, and foster a mindset of mutual support.

Cooperation with diverse groups

- Large commercial facilities, schools, NPOs, local businesses, etc., will be able to use Tsuzuki's many strengths to broaden the foundation of health and welfare activities.



5 Goals and specific promotion activities

Goal 1 Interaction

Many opportunities to meet others and build relationships



Background and challenges

- Due to a fixed or decreasing number of active people in the community, costs have increased, and it has become more difficult to continue activities.
- Some have said that, due to diversifying values and relationships, the bonds among people in the community are weakening.
- Some problems cannot be solved alone or with one's family. In the case of disasters and other emergencies, or even in daily life, it is important to help and support one another.

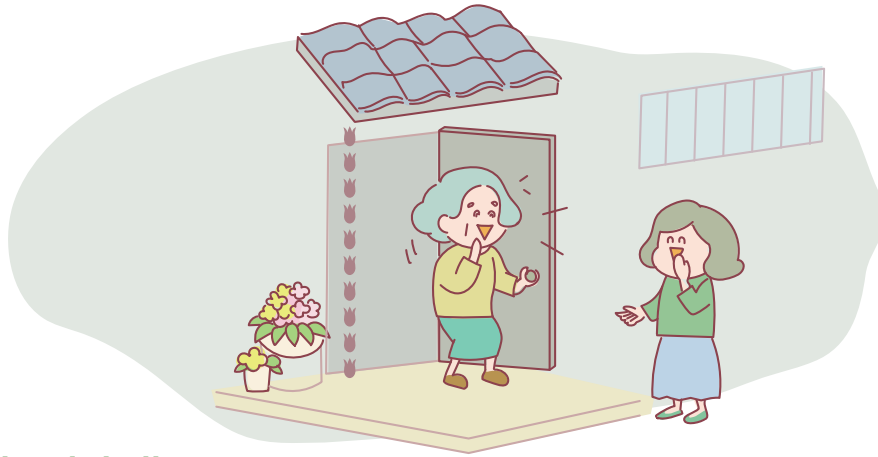
Direction of initiatives

- We will support organizations and groups active in the community to ensure that mutual support remains ongoing.
- As the first step to promoting mutual support, we will create an environment that gets more people interested in community activities and allows for easy participation.
- We will be aware of changes in values and challenges as we engage in community activities and move forward with a diverse set of viewpoints.

Initiatives

- ① Create opportunities so that many people can easily participate.
- ② Create places for groups and residents active in the community to interact with each other.
- ③ Support groups promoting mutual support activities in the community.
- ④ Focus on coordination so that many people and groups can build a relationship with the community.
- ⑤ Promote cooperation among corporations, stores, and businesses that support community activities.
- ⑥ Devise ways to share information with many people.

Mutual support for healthy living



Background and challenges

- If people do not feel like they or their family are struggling or realize that there are places to get help, then they will not talk to anyone, which could cause problems to worsen or become more complicated.
- Even if others become aware of the issues, they may keep quiet because they think that they cannot do anything alone.
- A person can work on their own to improve their health and prevent the need for care, but creating relationships is beneficial for physical and mental health. By getting involved in community activities, it is possible to create personal relationships, be at ease, and find value in life.



Direction of initiatives

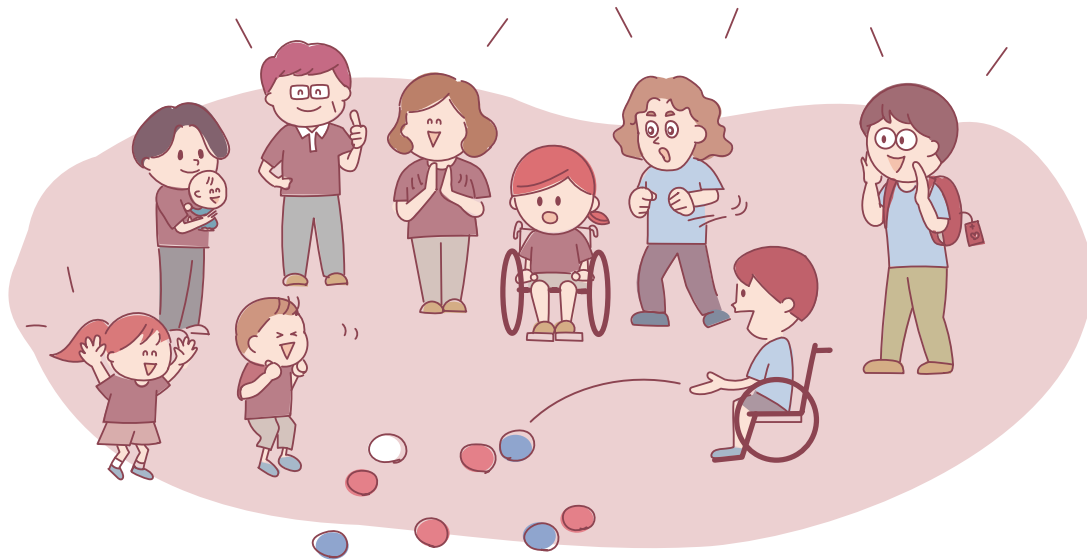
- We will create an environment to make it easier for people with troubles to get consultations.
- In order to prevent situations from worsening, we will promote watchful care and mutual support activities to encourage awareness of changes in people's lives and establish bonds early with other people and organizations.
- We will create a system to ensure that people who provide help to others in need do not become isolated.
- We will continue to promote health improvements and prevent the need for care by establishing relationships in the community.

Initiatives

- ① Spread the importance of mutual support.
- ② Promote the creation of a place of belonging in the community.
- ③ Ensure groups adequately understand each other's roles and functions in order to provide guidance to suitable consultation resources.
- ④ Continue to provide information on community consultation resources such as community care plazas.
- ⑤ Be involved in promoting health improvements and preventing the need for care in the community.
- ⑥ Share information on health and welfare with the community while valuing the awareness of residents and working with the community to solve challenges.
- ⑦ Use networks for specific fields and themes to cooperate with other organizations to solve challenges.



Respect for diversity and ability to be oneself



Background and challenges

- In order for people to be able to be themselves, it is necessary to acknowledge each other's priorities and values and strengthen the idea that we can respect one another.
- Stereotypes and discrimination against people with a specific status or background can create hardship and make it difficult for them to have an ordinary life.



Direction of initiatives

- Create opportunities for people to acknowledge differences beyond just physical appearance, i.e., status, background, and values, and to be active and be themselves.
- Strengthen an understanding of diversity in the community and create an environment that makes it easier to speak up when in need of support.

Initiatives

- ① Create a place for interaction among various people that transcends status and background.
- ② Hold workshops and training to share the idea that everyone is different.
- ③ Help people lead a life according to their own will.
- ④ Create places for people to do what they want and be themselves.



Drafting the plan

The plan was drafted based on many people's opinions.

Parties that cooperate with the hearings

- Welfare volunteers and child welfare volunteers who act as community coordinators
- Chief commissioned child welfare volunteers who support childcare in the community
- The independence support council that provides consultations to support the daily life of people with disabilities
- Health promotion workers who promote community health
- Youth instructors who keep an eye on children in the community
- Popola, a Tsuzuki Ward childcare support and rest center
- Yokohama Hokubu Youth Plaza, a safe place to help young people starting out
- Senior clubs that enriched the lives of older adults
- Neighborhood social welfare councils that promote community welfare
- Volunteer groups that act independently for residents and the community
- Youths active in Tsuzuki Ward

Tsuzuki Ward Community Welfare and Health Plan Steering Committee

We had an exchange of opinions in a meeting with group representatives and academic experts.



Discussions are held in all 15 neighborhoods (*) in Tsuzuki Ward

* Tsuzuki Ward is broken down into 15 areas with a federated local residents' association or neighborhood social welfare council.

Among the opinions raised in discussions on promoting and creating the neighborhood plans for each community, we have identified issues that should be considered at the ward level.

Request for opinions from residents

We will incorporate the opinions collected from residents in completing the 5th Tsuzuki Ward Community Welfare and Health Plan.

Scan below to view plans 1 to 4.



Tsuzuki Ward Community Welfare and Health Plan character, Tsuzu-chan

Request for opinions

We have completed the draft of the 5th Tsuzuki-Ai (Tsuzuki Community) plan,
and we are requesting opinions from residents of the ward.

These opinions will be used for reference when future plans are created.

Use one of the following methods.

Online appli-
cation form

Use the QR code on the right



Email

tz-tifuku@city.yokohama.lg.jp

Mail

32-1 Chigasakichuo, Tsuzuki, Yokohama 224-0032
Yokohama City Tsuzuki Ward Administration Office
Health and Welfare Division, Project Planning Group

FAX

045-948-2354

* There is no specific format for emails or letters, but please state your age.

Opinion request period

October 1, 2025 (Wed.) – October 31 (Fri.) (received by)

Notes on submission

- The opinions will be reported to the Tsuzuki Ward Community Welfare and Health Plan Steering Committee and released on the website.
- We do not provide personalized responses.
- We will appropriately manage any personal information obtained through the submission of opinions, and it will not be used for any purpose other than collecting opinions.

Inquiries

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