



# What signs should cyclists watch for? (Common examples)

 <p><b>Stop</b></p> <p>If there is a stop line, come to a complete stop before it.</p>	 <p><b>No vehicles</b></p> <p>All vehicles, including bicycles, are prohibited.</p>	 <p><b>Bicycles and pedestrians only</b></p> <p>A road exclusively for bicycles and pedestrians. Other vehicles are not allowed.</p>	 <p><b>No bicycles</b></p> <p>Bicycles are prohibited.</p>	<p>Safety measures are in place, such as using materials that are easy to see even at night.</p> 
 <p><b>Do not enter</b></p> <p>Vehicles are not allowed to enter. Usually posted at the exit of a one-way street.</p>	 <p><b>One-way</b></p> <p>Both bicycles and cars may only proceed in the direction of the arrow.</p>	 <p><b>Pedestrians only</b></p> <p>Only pedestrians may pass. Get off your bicycle and walk it.</p>	 <p><b>Bicycles only</b></p> <p>Areas such as bike paths where only bicycles are allowed.</p>	

## Rules for carrying children on a bicycle

- A dedicated seat is required
- The rider must be at least 16 years old
- Up to two preschool children \*Elementary school children are not allowed.

### Ride properly to keep children safe.



Seat one child in a child seat and carry the other on your back.



You may seat two young children in child seats.



Carrying a child in front in your arms is prohibited.

## Park Bicycles in Designated Areas.

Leaving your bicycle unattended is a violation. Even for a short time, park only in designated areas such as bicycle parking lots.

### Are you parking like this? All of these count as "illegal parking."

<p>"Everyone else is doing it, so it's fine, right?"</p>	<p>"It's okay if it's just for a short time while I shop, right?"</p>	<p>"It's in front of my house, so it's fine, right?"</p>
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■ In Yokohama, areas around some stations are designated as "NO BICYCLE OR MOTORCYCLE PARKING" zones. Bicycles and motorcycles illegally parked in these areas will be removed and taken to storage facility. There is a fee to retrieve them during the storage period. The storage period is two months. If not claimed within that time, they will be disposed of.



## Be Careful-Protect Yourself

### ◆ Watch Out for Bicycle Theft

In the Kaga-cho Police Station area of Naka Ward, a total of 38 bicycle thefts were reported in 2025. Most of these occurred because bicycles were left unlocked. Always lock your bike, even for a short time!

### ◆ Beware of fake police officers.

There have been scams where people posing as police officers try to collect fines. For official fines, you will be given a payment slip. You will never be asked to pay on the spot! Be careful!

### Always carry your residence card

Foreign residents aged 16 or older staying in Japan for more than three months are required to carry their residence card at all times. If you cannot present it when requested by a police officer, you may be fined.



A passport cannot be used in place of a residence card. Please be aware.



## Check local crime prevention information!!

Kanagawa Prefectural Police **"Kanagawa Police"** Official App



You can check police updates anytime on your smartphone.

- ◆ View incidents and accidents on a map!
- ◆ Includes a personal safety alarm function!
- ◆ Share your location with family at any time!

Download ▶



Crime prevention updates delivered automatically!

## Naka Ward Safety and Security Email

Emails provide information about street crimes and other incidents in Naka Ward.

- ◆ Release date: Updates from four police stations in the ward are sent as needed
- ◆ Sender: Community Promotion Division, Naka Ward Office

Sign up ▶



Registration Open

## To stay safe this summer, learn how to recognize when emergency care is needed!

### • Watch out for summer health issues and heatstroke.

In summer, more people call ambulances due to heatstroke and dehydration. Even if you don't feel thirsty, drink fluids regularly. If someone's responses seem strange or they're acting differently than usual, it may be severe heatstroke-- call 119 right away.

### • You can call for an ambulance in several languages

119 is the emergency number for fire and ambulance. Ambulance service is free when you call 119. **If you call 119 in a foreign language, an interpreter will translate between you and the emergency services (available in English, Chinese, Korean, Spanish, and Portuguese).** Paramedics also carry translation apps that support 15 languages, so even if you're not confident in Japanese, you can communicate smoothly with them.

### • A helpful leaflet for emergencies.

The Anshin Kyukyu Leaflet (Medical Emergency Leaflet) provides helpful information for a sudden injury or illness, or when you are unsure whether to call for an ambulance.

Download the leaflet from the City of Yokohama website

(Available languages: English, Chinese, Korean, Vietnamese)



▲ Anshin Kyukyu Leaflet Download

**Naka Fire Station TEL: 045-251-0119**

## Naka International Lounge • Beginner Japanese Class

In this class, you will learn not only the Japanese language and methods to study Japanese, but also about visa matters, work and schools in Japan. The class is taught by a Japanese instructor along with support staff who can consult in Chinese and English.

■ Date/Time: 10 lessons from August 25 (Tue), classes Tue/Thu, 10:30 a.m.–12:00 p.m.

■ Eligibility: In principle, persons living, working or attending school in Naka Ward who are at least 16 years old and need to learn basic Japanese.

■ Fee: 2,500 yen ★ part of the cost is subsidized by Naka Ward

■ Level: Beginner

■ Capacity: 6 people

■ Application period: From 7/23 (Thu) at 10:00, until capacity is reached

■ How to apply: By phone (045-210-0667) or in person. Applications are accepted on a first-come, first-served basis. Priority is given to those who live, work, or study in Naka Ward.

■ Open: 9:15 a.m.–5:00 p.m. Closed: Sundays, national holidays, New Year's holidays



**Naka International Lounge TEL: 045-210-0667**

### Thoughts of a Foreign Resident Life and Culture in Japan

## Living in Japan: Crime prevention starts with “everyday awareness”

Japan is often said to be safe, and it often feels that way.

However, getting used to that sense of safety can sometimes make people less cautious. Living here, I feel that crime prevention isn't just about relying on security equipment.

Three years ago, I moved into a large housing complex with about 700 units. When I first came here, I felt a sense of calm, and after living here for a while, I gradually came to understand why. Here, crime prevention feels like it exists naturally in the atmosphere of the entire community rather than at each individual home.

People regularly pull weeds together, conduct night patrols, and share information through children's activities and kairanban (a neighborhood circular notice passed from house to house).

In these everyday activities, you can gently feel the presence of others and a sense of connection. Places like this may be harder for suspicious individuals to enter. If they do, they are more likely to be noticed, which creates a sense of security.

Actions such as locking your door when you go out, not letting mail pile up, paying attention to visitors, and greeting your neighbors. Even small flowers by the entrance seem to gently suggest that someone lives here.

There is a Chinese saying that you shouldn't sweep only in front of your own house. The same can be said of crime prevention. The most important thing is not to focus only on your own concerns but also to pay some attention to your surroundings. Perhaps having a bit more warmth in our daily lives is the most natural form of security.

(Naka International Lounge staff)

### International Service Staff Naka Ward Office (2nd floor)

Chinese: 8:45 a.m.-3:45 p.m. English: 10 a.m.-5 p.m.

Provides support for procedures at the ward office such as interpretation, help filling out forms, etc. If you are not confident in your Japanese, please tell the counter staff. They will call International Service Staff to assist.

### Help Me Know

## Q&A



## Q

I received a bicycle from someone, do I need to complete any procedures?



## A

Yes, procedures are required. Bicycle registration for crime prevention is required by law. You can register your bicycle at authorized registration locations such as bicycle shops or large home improvement stores.

### • Is the registration free?

It is not free. In Kanagawa Prefecture, including Yokohama City, the registration fee is 700 yen. The registration is valid for seven years.

### • What do I need to register?

- The bicycle itself
- Identification (residence card, passport, driver's license, etc.)
- One document proving how you obtained the bicycle  
Example: warranty certificate or transfer certificate (including the giver's address, name, and signature; the recipient's address and name; date of transfer; bicycle details; and a statement of transfer)
- Registration fee (700 yen)



▲ Kanagawa Prefecture Bicycle Crime Prevention Association website

# The 3rd Term Naka Ward Multicultural Coexistence Promotion Action Plan has begun!

Plan period: Fiscal years 2026 to 2030

Vision

## Naka Ward, a community where differences become strengths

People from various countries and with different roots live in Naka Ward. There are many “differences” in culture and ways of thinking.

We will value these “differences” and work together to turn them into Naka Ward’s strengths and attractions.

### Pillar 1 Living together in Naka Ward



We will support foreign residents who are starting a new life in Naka Ward. We will create an environment where they can quickly get used to life in Japan.

#### Naka Ward’s Initiatives

Provide information about the ward office and daily life in multiple languages

Provide information and consultations so people can live here safely and with peace of mind

Help residents study Japanese

### Pillar 2 Knowing each other better



We will help residents communicate more easily so they can live together in the same community. We will help everyone get to know each other better.

#### Naka Ward’s Initiatives

Help them understand Japanese culture and rules

Promote understanding of multicultural coexistence among residents

Encourage communication and joint activities to promote mutual understanding.

### Pillar 3 Creating new appeal through diverse cultures



Create new appeal through diverse cultures. Support foreign residents to take active roles in the community.

#### Naka Ward’s Initiatives

Create new appeal in Naka Ward through the coexistence of diverse cultures

Help foreign residents participate actively

## What is the Action Plan for the Promotion of Multicultural Conviviality?

Multicultural coexistence refers to people of different nationalities and ethnic backgrounds recognizing each other’s cultural differences, building equal relationships, and living together as members of a community (\*).

Naka Ward has a large and growing foreign population, making coexistence in the community increasingly important each year. For this reason, the goal is to create a town where everyone can live safely and authentically regardless of nationality or background.

The third action plan builds on the second plan’s goals of enhancing basic support and strengthening community connections, and further promotes the next stage: enabling foreign residents to thrive and creating new community appeal through their contributions.

\*Source: Ministry of Internal Affairs and Communications, “Report of the Study Group on the Promotion of Multicultural



▲ For more information about the Action Plan for the Promotion of Multicultural Conviviality, click here

## Website providing lifestyle information in multiple languages

Provides important information about daily life, disaster preparedness, public systems, children, health, and more. Information is available in Easy Japanese, English, Chinese, Nepali, Vietnamese, and Thai.



## A hub connecting foreign residents and the local community: Naka International Lounge

The Naka International Lounge provides information about daily life, consultation services, and guidance in multiple languages for foreign residents.

It also offers Japanese language classes, dispatches volunteer interpreters to promote multicultural coexistence in the community, and supports the development of children and youth with international backgrounds. It plays an important role as a base for multicultural coexistence in Naka Ward, connecting foreign residents and the local community.

35 Nihon Odori, Naka Ward, Yokohama Naka Ward Office Annex, 1st Floor

TEL: 045-210-0667 MAIL: nakalounge@yoke.or.jp

Open: Monday to Saturday, 9:15–17:00

Closed: Sundays, public holidays, and year-end/New Year holidays (12/29–1/3)

<We are always looking for locations to distribute Naka Ward Town News>

If you have many foreign visitors to your shop, clinic, facility, etc. and would like to make this newsletter available to them, please contact us at 045-224-8123 to arrange delivery.

•The next issue will be published on October 1.