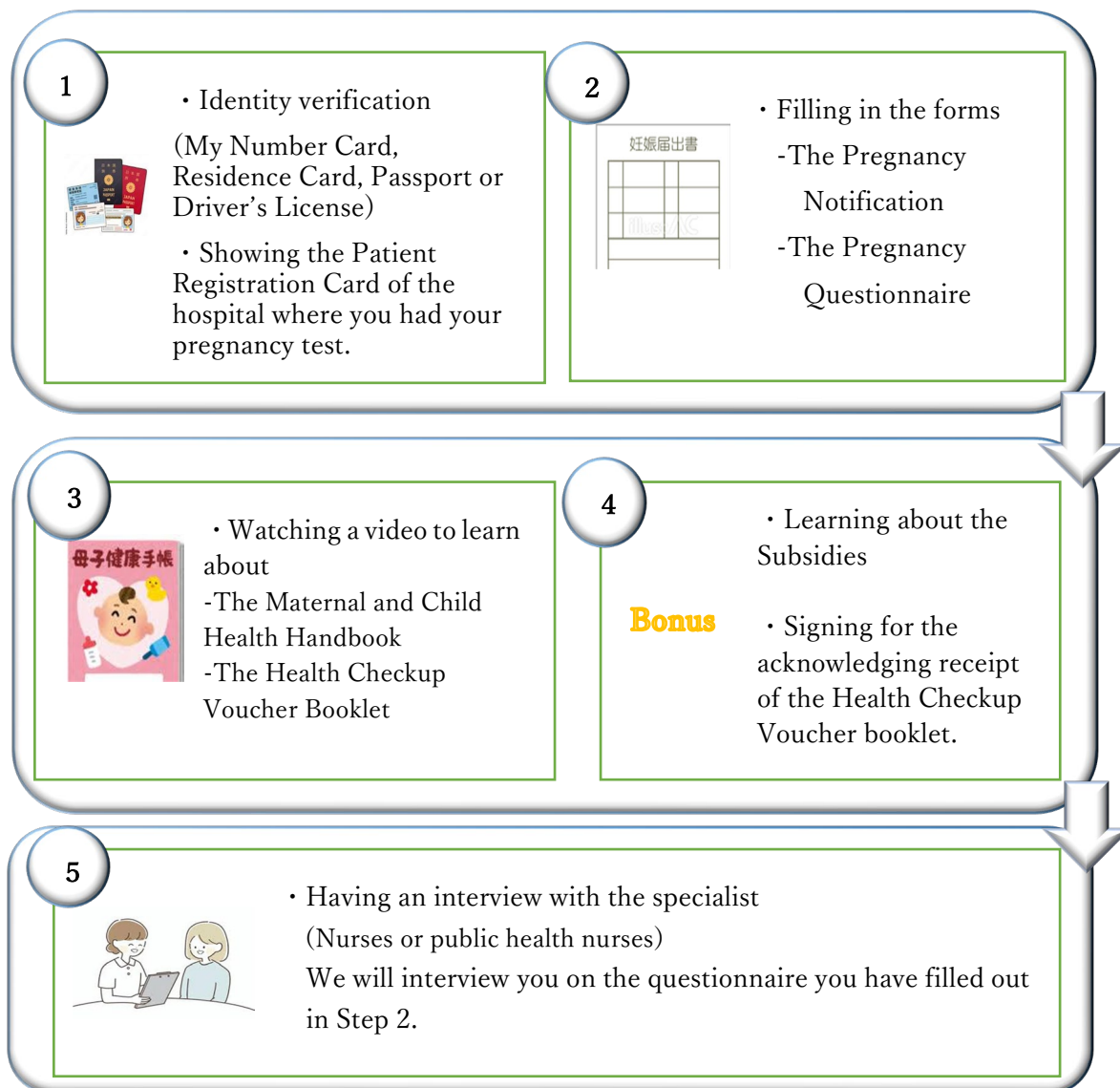


Notifying the Pregnancy & Receiving the Maternal and Child Health Handbook

※ For the Maternal and Child Health Handbook, the following two conditions should be satisfied.

- ① Having your residential address registered in Yokohama City.
- ② Having a diagnosis of pregnancy in a medical institution in Japan by confirming the heartbeat of the fetus.

<The Flow of Today's Procedure>



This is the QR code for the video shown in Step 3.
Please watch it when you want to review the details on the Maternal and Child Health Handbook, the health checkup voucher booklet, and the required procedures after childbirth.

https://www.city.yokohama.lg.jp/naka/kosodate_kyoiku/boshiken1techo/kodomokatei.html



Estimated time 30min~