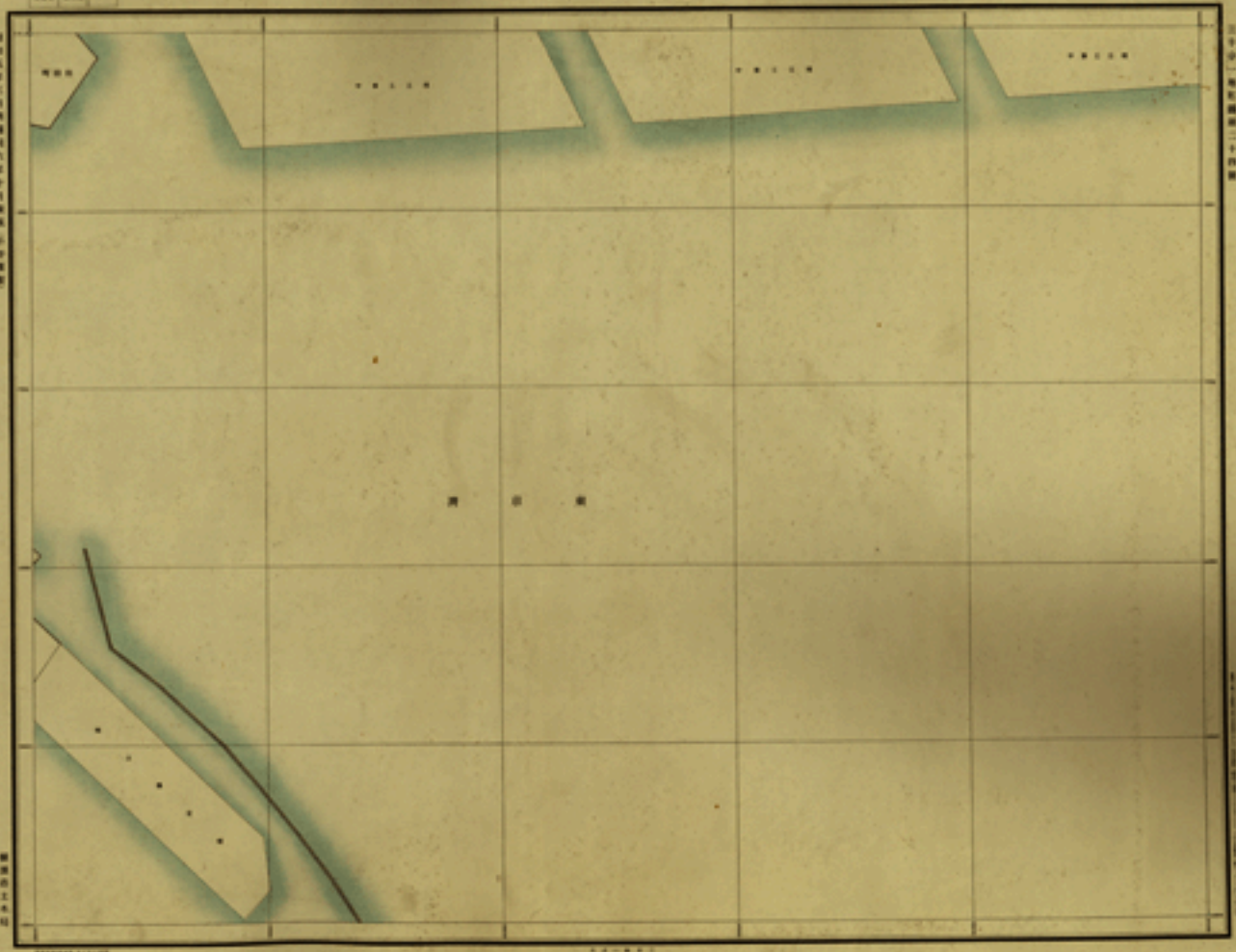北水堤